



108 Sun
Salutes
www.cfwohio.org

A benefit for the
Center for Wholeness
Saturday, February 25, 2017
9-noon

Come join friends and yogis for a morning of Sun Salutes led by the teachers of the Center for Wholeness and our community. Do as many or as few Sun Salutes as you wish. You can even collect pledges for every series you do with the sign-up sheet! The proceeds go to supporting the Center's mission.

Be one with the Universe. In Hindu and Buddhist traditions, 108 is a sacred number which shows the ultimate respect for the supreme being and represents the total universe. The number 108 helps us coordinate the rhythm of time and space and remain in harmony with the spiritual powers of nature.

See our website www.cfwohio.org or contact Janice George at 614-262-6634 for more info!



Yes! I will attend the 108 Sun Salutes at the Center for Wholeness. (Send this slip to the CFW at 4041 N. High St. Suite 100 Columbus, OH 43214 or bring it along with you on the 25th.)

February 25, 2017, 9am-12pm

Teachers \$13 members/\$15 non-members

Participants \$20 members/\$22 non-members

I would like to become a member of CFW: \$50 Professional/\$30 Participant

You may collect pledges for each Sun Salute on the back and bring them to the event.

Name: _____

Address: _____

Email: _____ Phone: _____